

8.11. We may use the elementary fact that S is a stopping time iff $\{S \leq n\} \in \mathcal{F}_n$ for all $n \geq 1$. This is equivalent to: $\{S > n\} \in \mathcal{F}_n$ for all $n \geq 1$.

By induction, we need only consider the case $n = 2$. For all $t \geq 0$, $\{T_1 + T_2 = n\} = \cup_{k=1}^n (\{T_1 = k\} \cap \{T_2 = n - k\}) \in \mathcal{F}_n$. Therefore, $T_1 + T_2$ is a stopping time. Also, $\{\min(T_1, T_2) > n\} = \{T_1 > n\} \cap \{T_2 > n\}$. Therefore, $\min(T_1, T_2)$ is a stopping time. Finally, $\{\max(T_1, T_2) \leq n\} = \{T_1 \leq n\} \cap \{T_2 \leq n\}$, and so $\max(T_1, T_2)$ is a stopping time too. This proves Lemma 8.27. Next we prove Lemma 8.28.

If $A \in \mathcal{F}_S$ then for all $n \geq 1$, $A \cap \{T = n\} = \cup_{m=1}^n A \cap \{T = n\} \cap \{S = m\}$. By the definition of \mathcal{F}_S , $A \cap \{S = m\} \in \mathcal{F}_m \subset \mathcal{F}_n$. Therefore, $A \cap \{S = m\} \cap \{T = n\} \in \mathcal{F}_n$, which means that $A \cap \{T = n\} \in \mathcal{F}_n$. Therefore, $\mathcal{F}_S \subseteq \mathcal{F}_T$.

To prove that \mathcal{F}_T is a σ -algebra, let $A \in \mathcal{F}_T$. We know that $\{T = n\} \in \mathcal{F}_n$ and $A \cap \{T = n\}$ are in \mathcal{F}_n for all $n \geq 1$. Therefore, so is $A^c \cap \{T = n\} = \{T = n\} \cap (A \cap \{T = n\})^c$. This proves that \mathcal{F}_T is closed under complementation. If $A_1, A_2, \dots \in \mathcal{F}_T$ then $\cup_{i=1}^{\infty} A_i \cap \{T = n\} = \cup_{i=1}^n (A_i \cap \{T = n\}) \in \mathcal{F}_n$ for all n . Therefore, \mathcal{F}_T is a σ -algebra.

So far, we needed S and T to be a.s. finite only. For the remaining assertions we assume that T is a.s. bounded—say $T \leq k$ a.s.; it suffices to consider a submartingale X . Let $d_1 = X_1$ and $d_j = X_j - X_{j-1}$ ($j \geq 2$). For all $A \in \mathcal{F}_S$,

$$\begin{aligned} \mathbb{E}[X_T - X_S; A] &= \mathbb{E} \left[\sum_{j=S+1}^T d_j ; A \right] = \mathbb{E} \left[\sum_{j=1}^k \mathbf{1}_{\{S < j \leq T\} \cap A} d_j \right] \\ &= \sum_{j=1}^k \mathbb{E} \left[\mathbf{1}_{\{S < j \leq T\} \cap A} \mathbb{E}(d_j | \mathcal{F}_{j-1}) \right] \geq 0, \end{aligned}$$

because $\{S < j \leq T\} \cap A = A \cap \{S \leq j-1\}^c \cap \{T \leq j-1\}^c \in \mathcal{F}_{j-1}$.